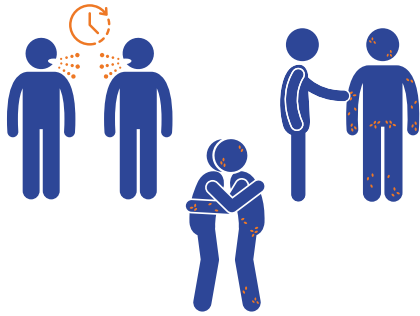


MONKEYPOX

Monkeypox is a disease caused by a virus.

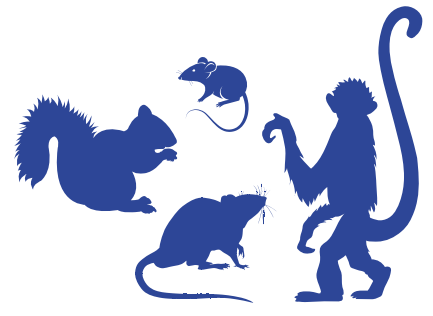
TRANSMISSION



Human to human



Contact with contaminated materials



Animal to human

SYMPTOMS

People become sick between 5 and 21 days (usually about 12 days) after they have contact with the monkeypox virus. Occasionally, the disease is severe.

FIRST SYMPTOMS:



Fever



Headache/
muscle aches



Backache



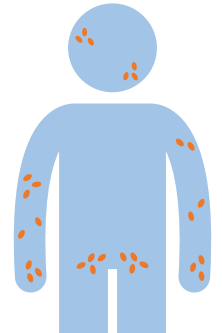
Swollen
lymph nodes



General discomfort
and exhaustion

THEN A RASH:

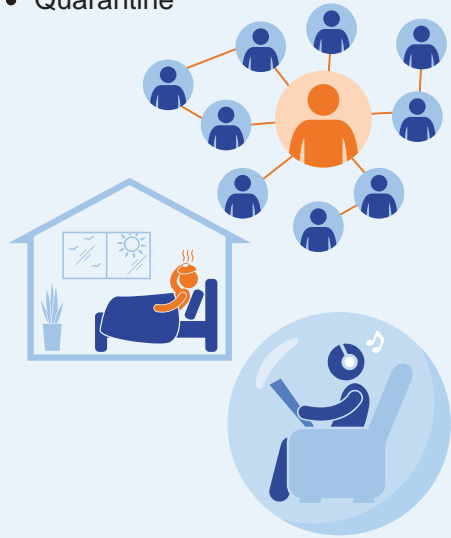
Can be anywhere - face, mouth, arms, hands, legs, body, and genital area. Starts flat, becomes bumps, then blisters with clear fluid. Fluid turns white. Blisters crust and fall off.



PREVENTION METHODS

Public Health Measures

- Contact tracing
- Isolation
- Quarantine



Personal Hygiene

- Wash your hands frequently
- Avoid:
 - Touching shared objects
 - Close contact with sick people
 - Contact with animals



Cleaning

- Clean and disinfect potentially contaminated objects
- Wear appropriate PPE



VACCINATION AND TREATMENT

Vaccination and treatment for monkeypox exist. They are not widely available.

Contact your doctor if you think you may have been exposed to monkeypox.



Keep up to date with news and information from the International SOS dedicated website:
<https://pandemic.internationalsos.com/diseases/monkeypox>

This infographic has been developed for educational purposes only and is correct at the time of publication. It is not a substitute for professional medical advice. Should you have any questions or concerns about any topic in the infographic, please consult your medical professional.

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